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| C:\Users\User\Documents\active flag\logo.png | | | February 2022 | | | | | |  | | | | |
| Sunday | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | Saturday | |
|  | |  | | 1 | | 2 | | 3 | | 4 | 5 | |
|  | |  | |  | |  | |  | |  |  | |
| 6 | | 7 | | 8 | | 9  Walkout Wednesday | | 10  <https://www.scoilnet.ie/pdst/physlit/videos/> | | 11  <https://irishheart.ie/schools/primary-schools/bizzy-breaks/> | 12 | |
|  | |  | |  | |  | |  | | <https://open.spotify.com/user/abm2687hhedrjkjx8axj80o5u> |  | |
| 13 | | 14  <https://www.pdst.ie/sites/default/files/Movement%20in%20the%20Classroom%2020.10.20.pdf> | | 15  <https://activeschoolflag.ie/wp-content/uploads/2020/09/Jam-Jar-Active-Breaks-1.pdf> | | 16  Walkout Wednesday | | 17  <https://www.scoilnet.ie/pdst/physlit/videos/> | | 18  <https://irishheart.ie/schools/primary-schools/bizzy-breaks/>  <https://open.spotify.com/user/abm2687hhedrjkjx8axj80o5u> | 19 | |
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| 20 | | 21  <https://www.pdst.ie/sites/default/files/Movement%20in%20the%20Classroom%2020.10.20.pdf> | | 22  https://activeschoolflag.ie/wp-content/uploads/2020/09/Jam-Jar-Active-Breaks-1.pdf | | 23  Walkout Wednesday | | 24  <https://www.scoilnet.ie/pdst/physlit/videos/> | | 25  <https://irishheart.ie/schools/primary-schools/bizzy-breaks/> | 26 | |
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| 27 | 28  <https://www.pdst.ie/sites/default/files/Movement%20in%20the%20Classroom%2020.10.20.pdf> | |  | |  | |  | |  | | |  | |
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