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| --- | --- | --- |
| C:\Users\User\Documents\active flag\logo.png | December 2021 |  |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 2 | 3 | 4 |
|  |  |  | Walkout Wednesday | Reducing Sedentary time - challenge in classroom<https://bit.ly/10at10Session1> | Ten at Ten<https://bit.ly/10at10Session1> |  |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
|  | Playground Game<https://www.scoilnet.ie/search/?q=non%2Bcontact%2Bpe&fq=school_level%3A1> | Dance<https://www.scoilnet.ie/go-to-primary/theme-pages/physical-education/folk/> | Walkout Wednesday | Reducing Sedentary time - challenge in classroom<https://bit.ly/10at10Session1> | Ten at Ten<https://bit.ly/10at10Session1> |  |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
|  | Playground Game<https://www.scoilnet.ie/search/?q=non%2Bcontact%2Bpe&fq=school_level%3A1> | Dance<https://www.scoilnet.ie/go-to-primary/theme-pages/physical-education/folk/> | Walkout Wednesday | Reducing Sedentary time - challenge in classroom<https://bit.ly/10at10Session1> | Ten at Ten<https://bit.ly/10at10Session1> |  |
| 19 | 20 Playground Game<https://www.scoilnet.ie/search/?q=non%2Bcontact%2Bpe&fq=school_level%3A1> | 21Dance<https://www.scoilnet.ie/go-to-primary/theme-pages/physical-education/folk/> | 22Walkout Wednesday | 23 | 24 | 25 |