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| C:\Users\User\Documents\active flag\logo.png | February 2022 |  |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  |  |  |  |  |  |
| 6 | 7 | 8 | 9Walkout Wednesday | 10<https://www.scoilnet.ie/pdst/physlit/videos/> | 11<https://irishheart.ie/schools/primary-schools/bizzy-breaks/> | 12 |
|  |  |  |  |  | <https://open.spotify.com/user/abm2687hhedrjkjx8axj80o5u> |  |
| 13 | 14<https://www.pdst.ie/sites/default/files/Movement%20in%20the%20Classroom%2020.10.20.pdf> | 15<https://activeschoolflag.ie/wp-content/uploads/2020/09/Jam-Jar-Active-Breaks-1.pdf> | 16Walkout Wednesday | 17<https://www.scoilnet.ie/pdst/physlit/videos/> | 18<https://irishheart.ie/schools/primary-schools/bizzy-breaks/><https://open.spotify.com/user/abm2687hhedrjkjx8axj80o5u> | 19 |
|  |  |  |  |  |  |  |
| 20 | 21<https://www.pdst.ie/sites/default/files/Movement%20in%20the%20Classroom%2020.10.20.pdf> | 22https://activeschoolflag.ie/wp-content/uploads/2020/09/Jam-Jar-Active-Breaks-1.pdf | 23Walkout Wednesday | 24<https://www.scoilnet.ie/pdst/physlit/videos/> | 25<https://irishheart.ie/schools/primary-schools/bizzy-breaks/> | 26 |
|  |  |  |  |  |  |  |
| 27 | 28<https://www.pdst.ie/sites/default/files/Movement%20in%20the%20Classroom%2020.10.20.pdf> |  |  |  |  |  |
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